



Post-op Instructions following Root Canal Therapy

- Depending on the anesthetic used, patients will typically be numb for a few hours following root canal therapy.
- It is fairly common for the jaw and gums to be sore follow the procedure. Please contact your dentist if this soreness is not manageable.
- Healing after root canal therapy is highly dependent upon the condition of the tooth prior to the procedure. Some teeth take longer to heal.
- Pain management is a key in the healing process. OTC medications are commonly recommended to help manage pain. Your dentist will advise based upon your specific needs.
- Once a root canal is completed, depending upon the condition of the tooth, care must be taken to not chew on that tooth prior to final restoration. The root canal is usually the first step only.
- Continue to brush and floss as recommended by your dentist
- It is important to follow up with your dentist for your final restoration.